

Building a community through sport



2025 SEASON INFORMATION



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PRESIDENTS MESSAGE

"Building Community through Sport"

On behalf of the Eastwood St Andrews Committee, we hope you are enjoying the summer holidays and had a great Chrissy and New Years.

The Committee would like to thank you all for your support in 2024, we know it was a very challenging year again with all the wet weather.

Please note we are registering through a new platform this year so everyone will need to update their pictures. You can still access the registration link through the play football site again this year, and the web link is https://www.playfootball.com.au/ it is just there is a new back-end platform being used. With your photo, please make sure you have a headshot ready on your computer to upload before starting the process.

All junior players may be eligible for the State Government initiative "Active Kids Program" whereby they will receive a voucher to use as a discount for playing an active sport. Please check the attached document or check our website for the details.

As per previous years, the Club will be grading junior players (apart from U6 and U7).

The Committee is of the firm view that this will lead to better player development across all junior teams (as children will be in teams with players of the same or similar ability) leading to the children enjoying their soccer considerably more, and enhancing their development in the sport we all love.

Kickstart training session for U6 to U8's will be held on a Monday night's this season starting Monday the 18th March.

Due to Easter in late March the season Starts on the weekend of 6th/7th April.

Wishing you and your families a safe and joyful holiday period and looking forward to another successful season in 2025.

I'd like to specially thank our 3 major sponsors who have supported us in replacing our playing strips over the past 3 years

- Private Fleet for our Mini teams U6's to U11's
- PSI Corporate Security for our Junior teams U12's to U18's
- <u>Club Eastwood</u> for our Senior teams

I'd like to also thank all the coaches and managers who have also volunteered their time to help our small kids and yes big kids enjoy their football. We are always looking for people so if you're interested in volunteering for a role with the Woodies, please feel free to contact me at any time. It gives you great satisfaction to know that you're helping the kids of your local community enjoy their footballing experience and is also a great way to meet new friends.

I look forward to seeing you all around Eastwood during the year and I certainly hope to see the kids smiling, laughing and enjoying their football. It is all about having fun and making new friends.

Michael Masulans President

KEY DATES

EVENT	DATE
Online Registration Opens	Jan 10
Club Information NIght	TBC
Mini/Junior Come & Try Kickstart to Season	
Mini / Junior Team Allocation	Feb /Mar
Trial Games	TBC
Training Commences	Mar 17 (tbc)
Kickstart In-service U6-U8 - Top Oval Kickstart Training Starts	Mar
NWSF Competition commences	April 5 & 6
Premier League Trials	
Managers and Coaches meeting	TBC
Gear Collection	TBC
Photo Day	TBC
NWSF Finals	Grandfinals - 23/24th AUG
AGM	Usually in October - TBC
Junior Presentation Day	TBC
Senior Presentation Day	TBC
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Further events and details will be communicated via TeamApp and the Club's website.

<u>Team App</u> is the app Eastwood St Andrews will use to communicate please install onto your device. The is an option for the coach/manager to use this during the season for contacting your teams and find out who is attending training etc... ALL teams will be set up at the start of the season.

<u>Dribl</u> will be used by the association to let us know game times/matches etc...

ACTIVE KIDS VOUCHER

What is Active Kids?

Active Kids is a program to help NSW families meet the cost of getting their kids into sport and active fitness and recreation activities. The NSW Government will provide a \$50 voucher to parents/guardians of school enrolled children. The \$50 voucher can be used for registration and participation costs for sport and fitness activities.

Who is eligible to claim the voucher?

Every child (4.5 - 18 years) enrolled in school from Kindergarten to Year 12 will be eligible for an Active Kids Voucher.

What can the voucher be used for?

The voucher can be used for registration or membership fees for structured activities of no less than eight weeks' duration that provide a moderate to vigorous level of physical activity.

How can I access the voucher?

From 1 January 2025, a parent or guardian can apply online at the Government's <u>Service NSW</u> website - log into your existing Service NSW account or create an account and register each eligible child using their Medicare Card. Once the required information is completed an alpha-numeric voucher code will be provided which can be redeemed for one sport per calendar year.

How do I use the voucher when registering with Eastwood St Andrews AFC?

Online Registrations from 3 January 2025:

- 1. Parent applies for Voucher via Service NSW website.
- 2. Register player in <u>Play Football NSW</u> and at the invoice screen enter Voucher Code into space provided. Upon entry of a valid Voucher Code, \$100 will automatically be deducted off the registration fee.
- 3. Proceed through to registration fee payment.

For further information click on below links:

Fact sheet: Active Kids Rebate program

CLUB CONTACTS

Until the football player is placed in a team, any questions you have please contact the Vice Presidents that looks after the age group. Please refer to committee list on Club website.

http://www.eastwoodstandrews.org/committee

Once the football player is placed in a team, any questions you have is to be via your team Manager or Coach. If there is a matter that cannot be raised with the Coach and/or Manager, then please contact the VP that looks after the age group. (eg. Mini VP, Junior VP, Senior VP).

All the key contacts for the club can be found on the Club's website:

PLAYER REQUIREMENTS

On Game Day Playing shirt - provided by the Club and to be RETURNED at the end of the season

Club branded playing shorts and socks

Shin pads and soccer boots

Skins (optional)

At Training Shirt, shorts and socks

Shin pads and soccer boots

Skins (optional)

CLUB GEAR

<u>Club merchandise</u> and gear is available for purchase every Saturday during the football season, the gear will be also available pre season on certain dates, some items maybe limited.

Merchandise for players, coaches, managers, parents and supporters include:

Hoodies	Polo Shirts	Shorts
Club Jackets	Caps	Socks Shin pads
Beanies	Bottle Coolers	Training Shirts
Beanies	Bottle Coolers	Training Sh

GROUND DRESSING & CANTEEN DUTY

All teams will be rostered to dress/undress a ground throughout the season. The Grounds Keeper will contact the coach/manager prior to games.

Teams playing at Eastwood Oval will be asked to do Canteen/BBQ duty. The teams' assistance with these duties is vital and is both an excellent way to meet people and a good way to contribute to the Club.

The roster and instructions for these duties will be provided to Managers via the Canteen Manager.

COACHES & MANAGERS

Every team will be required to nominate a Coach and a Manager. Your team may also like to nominate an Assistant Coach and Assistant Manager. All coaches and managers MUST register in Play Football as a volunteer. There is no cost for this.

Any person coaching or managing a team with children under the age of 18 years will be required to complete the applicable Working With Children Check declaration. Please add this to your registration. This is mandatory.

Coaches & Managers Meetings are held on specified dates at The Eastwood Club. It is expected that all Coaches and Managers attend. Please leave your children at home.

These are important meetings that will disseminate key information, assist in the role of manager and coach, update on rules and regulations and a how to on submitting teamsheets and entering scores and a chance for you to ask questions or raise any concerns.

The Club is built on volunteers to help manage and coach teams. If you are interested in coaching/managing your child's team but are unsure please reach out to your VP and we can help.

Remember without these coaches and managers we can't field a team so please support your coach and managers during the season.

As coach It will only take up about an hour of your time for training during the week and another hour on the weekend on game day Saturday. As Manager the expectation is that you assist the coach in communications during the season. Communication includes game schedules, DRIBL responsibilities and finding helpers for Canteen duties.

RECORDING YOUR TEAM & SCORES IN DRIBL

Please ensure that each of your Managers and Coaches have these instructional videos for Dribl. It has everything they will need to know for the season.

Access through app.dribl.com please use your email that you registered with. All Managers and Coaches must be registered as a Manager or Coach. The below links are short instructional videos.

Match Sheet Overview

As a **Reporter**, **Recorder or Referee**, you will have a part to play in ensuring all aspects of game day administration are completed. This video takes you through the pre-game, game and post-game tasks to provide context of the complete process.

Prepare & Submit Teamsheet

As a **Reporter**, you will need to prepare and submit your team for a match as part of the game day administration.

This task needs to be completed prior to the commencement of the match so that the opposition can confirm your team.

Confirm Opposition Team

As a **Reporter**, you will need to confirm the opposition team for a match as part of the game day administration.

This task needs to be completed prior to the commencement of the match so that the referee can perform a final review of the teams before kick-off.

Add Official

As a **Reporter**, you may need to add an Official to a match as part of the game day administration.

This task needs to be completed prior to the commencement of the match.

Scores

As a **Referee or Recorder**, you will need to record the scores as part of the game day administration.

This task can be performed during the match or upon match completion.

Disputes

As a **Reporter**, you may need to raise a dispute for a match as part of the game day administration.

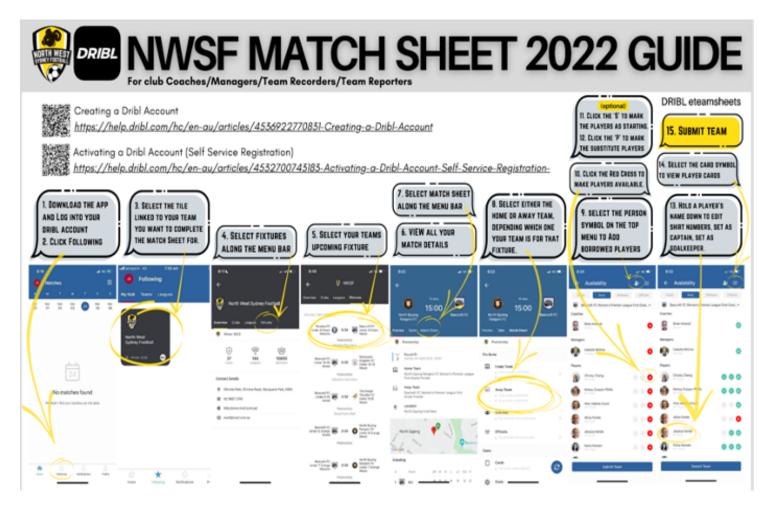
This task is performed once the match has been completed.

Forfeits

As a **Reporter**, you may need to submit a forfeit request as part of the game day administration.

This task is performed either prior to or on game day. Notify your VP ASAP who will notify the Club ssecretary to let the association know.

Note: Fines are given out if the association isn't notified by 12pm the Friday prior.



DIRECTOR OF COACHING MESSAGE

One of the most rewarding things that you can do at STA is to coach your son or daughter's team.

If I were to give you one piece of advice, it would be to attend every educational opportunity that you are able to. There are a number of educational opportunities for you to attend, including:

- Coaches and Mangaers will be notified when sessions are to be scheduled.
- Attending an FFA course relevant to the age that you are coaching, either the Grassroots Football Certificate for U5-9, Skill Training Certificate for U9-13, Game Training Certificate for U13-U17 or Senior Certificate for U17+.
- Coach Education sessions provided by North West Sydney Football (NWSF).

Even if you have played or coached at a high level previously, I would encourage you to update your qualifications by attending an age-appropriate course.

The better we are as coaches, the better we can provide an environment for our players to flourish and enjoy their football!

Woodies Philosophy Positive Self-Belief Work-Ethic Respect

Loyalty

To behave in a positive way where we influence our teammates to keep improving in a fun environment and always playing on the front foot moving forward.

Building confidence, self belief and understanding that hard work brings success.

We play with a sporting attitude showing respect and giving our all for the club.

If you have any questions regarding coaching at our Club, please do not hesitate to contact me.

Director of Coaching Damien Luksic doc@eastwoodstandrews.org 0436 016 268

Competitions played under the North West Sydney Football (NWSF) include:

Minis Under 6, 7 and 8

- Non-competitive mini soccer.
- · Boys and girls can register in this competition.
- Games played on Saturday mornings.
- Training with all teams from the same age group is for approximately an hour each week at Eastwood Oval .
- Registration cost includes your commitment to both one training session and a Saturday game.

Non-Competitive U9 to U11

- The mixed competitions cover Under 9 to Under 11 (non-competitive). There will be some initial grading for these teams. (Refer to Key Dates section)
- Boys and girls can register in this competition. Registration cost includes your commitment to both one training session and a Saturday game.

Competitive U12 up to seniors

- Under 12 through to Over 35/45's, including All-Age and Premier League (competitive).
- Grading for these teams (U13-U21) will occur 13th and 20th February.
- Juniors play Saturday.
- Seniors play Saturday afternoon or Sunday.
- Registration cost includes your commitment to both one training session and a Saturday game.

Competitions played under the North West Sydney Football Ladies (NWSF) include:

Minis / Juniors Under 6,7,8 to U11 Non - Competitive

- Non-competitive mini / junior soccer.
- Only girls can register in this competition.
- Games played on Sunday mornings.
- Training with all teams from the same age group is for approximately an hour each week.
- Registration cost includes your commitment to both one training session and a Sunday game.
- Please notify your VP representative if you have registered for the mixed competition and plan to play on Sundays comp.

Competitive U12 up to seniors

- Under 12 through to Over 30's, including All-Age (competitive). There could be some initial grading for these teams.
- Girls/Ladies only can register in this competition.
- Registration cost includes your commitment to both one training session and a Sunday game.

See the following pages for more details on these teams.

MINIS: UNDER 6, 7 AND 8

Minis play in non-competitive small sided games (SSG), designed to focus on participation, skills development, teamwork, friendship and enjoyment of the game rather than winning. The emphasis is on having fun and improving skills and we assure you that you will find heaps of this in mini's football.

Please remember that we cannot tell you where or at what time your child will be playing until the draw has been finalized by the Association just prior to the start of the season. These game notifications will be sent to via the Dribl app. Game day is Saturday mornings.

Minis' training is conducted on a cooperative basis with all teams for the age group training at the same time and location (Eastwood Oval) one night a week. Training is facilitated by an experienced football coach who will set up drills each session and help coaches conduct drills with their teams.

To be eligible to play in "under age" grades, a player must be under the relevant age on the 31st December of the previous year.

Players registering for non-competitive Under Age football must have turned four (4) years old by, or on, the 31st December in the previous year.

Games are played under the SSG format as follows:

- Under 6 and 7: 4 v 4 games with no goalkeeper played in twenty (20) minute halves with a five (5) minute halftime break on a field approximately 30 x 20 metres.
- **Under 8:** 7 v 7 games with a goalkeeper played in twenty (20) minute halves with a five (5) minute half time break on a field approximately 45 x 35 metres.

Minis is not graded. We try with best endeavours to put your child in a team with school friends and children who live nearby. If you would like your child to play in a certain team with friends, please include this when registering and we will try to accommodate to the best of our ability.

The guidelines created for SSG's have been developed with the intention of increasing the player's involvement in each game. This adds to their enjoyment and helps to improve their skill level. Goalkeepers are not used in these age groups.

NON-COMPETITIVE FOOTBALL (UNDER 9, 10 and 11)

These age groups play in non-competitive small sided games (SSG), designed to focus on participation, skills development, teamwork, friendship and enjoyment of the game rather than winning.

All rules of football apply and are played as follows:

- **Under 9:** 7 v 7 games played in twenty (20) minute halves with a five (5) minute half time break on a field approximately 45 x 35 metres with goals 3m x 2m.
- **Under 10 and Under 11:** 9 v 9 games played in twenty-five (25) minute halves with a five (5) minute half time break on a field approximately 65 x 45 metres with goals 5m x 2m.

For more information on rules click this link

UNDER 12 to SENIORS

Womens/Girls - All women's games are played on Sunday.

Under 12 - 9 v 9 games played in twenty-five (25) minute halves with a five (5) minute half time break on a field approximately 65 x 45 metres with goals 5m x 2m. Size 4 Ball

Games for U13 up will be 11 v 11 on full size fields. Normal rules of football will apply.

Under 13 - Size 4

Under 14 to All Age - Size 5

Over 30 to Over 60 - Size 5

Premier & Super League - Size 5

The duration of matches in the various grades shall be 2 equal periods of -

Under 13 to Under 14	30 minutes
Under 15 to Under 16	35 minutes
Under 17 to All Age	45 minutes
Women's Over 30	45 minutes
Mixed Over 35 and Over 45	45 minutes
Over 50/60 (9 Aside)	25 minutes
Over 50/60 (Walk Football)	20 minutes
Premier & Super League	45 minutes

separated by a five (5) minute half time break.

Players taking the field of play in any game must have shirts with unduplicated numbers within their team, including any upgraded (borrowed) players. Shirt numbers for all players in each team shall correspond to the number appearing on the team sheet in dribl for that player.

Mixed competitions (males and females play together)

U6 to U11 minis - Saturday mornings
U12 to U21 - Saturdays
All Age, Over 35 and Over 45 - Saturday afternoons and Sundays
Premier League and Super League - provides elite quality football for local players. Played Saturday afternoons
Masters (Over 45) on Friday nights

Women's Competitions

U6 to U11 minis - Sundays
U12 to U17 - Sundays

All Age, Over 30 and Over 40 - Sundays

Premier League - provides elite quality football for local players. Played Sunday afternoons Masters (Over 45) on Friday nights

TRAINING DAYS (U6 UP)

Minis' training is conducted on a cooperative basis with all teams for the age group training at the same time and location - Eastwood Oval one night a week (Mondays 5:30pm - 6:30pm).

Training is facilitated by an experienced football coach who will set up drills each session and help coaches conduct drills with their teams.

We have U6 – U8 KickStart program. An independent company to run the training sessions for the coaches and Kids.

For Under 9 to senior teams, training will be held on Tuesday, Wednesday or Thursday

This is determined by availability and what day the coach chooses. U9 - U18 Generally have all training completed by 7pm Senior teams will play from 7/7:30 pm onwards.

We allocate at least a 1/4 field each team and try and accommodate all teams to the day requested.

Once the Club's training schedule is finalized, it will be uploaded onto the website and via teamapp:

- The day, time and venue of your team's weekly training sessions; and
- When your team can commence training.

There are to be no boots worn at training until end of March, this has come from Ryde Council and the Club will be fined for any breaches of this.

Training occurs at Eastwood Oval, Eastwood.

In the case of wet weather check the ground status via Ryde Council to see if grounds are open.

EASTWOOD OVAL LAYOUT - GAME DAYS



COMMITTEE MEMBERS

- Michael Masulans President
- Thomas Jones -Equipment/Gear and Grounds Convenor
- Stephen Butcher -Secretary
- Richard Luksic Treasurer
- Nils Johnsson Registrar
- Peter Lake Canteen Manager
- Andrew Nafanowicz Senior VP
- Simon Scoullar Junior VP
- Vacant Mini's VP
- Damien Luksic Director of Coaching
- Rosemary Butcher Member Protection Officer
- Di Jones Publicity Officer | Webmaster | Equipment & Gear
- Micahel Masulans, Richard Luksic Premier League Liaisons

Some history about the club plus awards that can be won by teams and members plus more information about the club or handy resources can be found on our website